

PPE (Personal Protective Equipment)

What is personal protective equipment?

Personal protective equipment, commonly referred to as "PPE", is equipment worn to minimize exposure to hazards that cause serious workplace injuries and illnesses. These injuries and illnesses may result from contact with chemical, radiological, physical, electrical, mechanical, or other workplace hazards. Personal protective equipment may include items such as gloves, safety glasses and shoes, earplugs or muffs, hard hats, respirators, or coveralls, vests and full body suits

What are the importance of PPE in the workplace?

PPE is worn to minimize and mitigate the risks and hazards associated with a wide variety of working conditions. Without proper PPE, workers are left exposed to significant risks of injury or illness. These injuries or illnesses may not present themselves immediately either. PPE is important because it prepares you for any health and safety risks and gives you extra protection event of an accident or against the elements

What can be done to ensure proper use of personal protective equipment?

All personal protective equipment should be safely designed and constructed, and should be maintained in a clean and reliable fashion. It should fit comfortably, encouraging worker use. If the personal protective equipment does not fit properly, it can make the difference between being safely covered or dangerously exposed. When engineering, work practice, and administrative controls are not feasible or do not provide sufficient protection, employers must provide personal protective equipment to their workers and ensure its proper use. Employers are also required to train each worker required to use personal protective equipment to know:

- When it is necessary
- What kind is necessary
- How to properly put it on, adjust, wear and take it off
- The limitations of the equipment
- Proper care, maintenance, useful life, and disposal of the equipment

If PPE is to be used, a PPE program should be implemented. This program should address the hazards present; the selection, maintenance, and use of PPE; the training of employees; and monitoring of the program to ensure its ongoing effectiveness.

Three Reason It's important to use PPE at workplace?

Reason to Use PPE at workplace

1. It keeps you from being liable for your own injuries
2. Long-term conditions may result from a failure to protect yourself
3. It increases the quality of your workday

